



**ICOH 2006-2008 TRIENNIUM
MIDTERM SCIENTIFIC COMMITTEE REPORT**

**MIDTERM REPORT
Covering June 2006 – October 2007**

Note: We are using an identical format for the SC Midterm and Final Reports. Each covers a specified timeframe. **The SC Midterm Report covers June 2006 – October 31, 2007. Please return it no later than December 1, 2007 to:**

Vice President Marilyn Fingerhut mfingerhut@cdc.gov and
Secretary General Sergio Iavicoli sergio.iavicoli@ispesl.it

The SC Midterm Report will be maintained on the ICOH Scientific Committee Virtual Office at www.icohweb.org/scvo.

Submitted by Scientific Committee: _Shiftwork and Working Time_____

Date:21.12.07____

Chairman: Prof. Giovanni Costa
Email address: giovanni.costa@unimi.it

From year: 2004 (re-elected Dec 2007)

Secretary: Dr. Sonia Hornberger
Email address: sonia.hornberger@audi.de

From year: 2004 (re-elected Dec 2007)

SC Website URL:

<http://www.icohweb.org/committees/shiftwork.asp>

<http://www.workingtime.org/>

Other SC Means of Communications:

- *SINET network (sinet@listserv.uni-oldenburg.de)*
- *Shiftwork International Newsletter*

Focus and aim of Scientific Committee:

Focus: Studies and research on psycho-social aspects and health problems connected to night and shift work and, more generally, to irregular working hours.

Aim: Improvement of workers' health and well-being through proper preventive (e.g. flexible working hours, ergonomic shift schedules, reduction of night work) and compensative measures (e.g. work load, work and social organisation, counselling, medical surveillance).

**PART I – ACTIVITIES: Business meetings, Conferences, Seminars and Workshops
Midterm Report: June 2006-September 30, 2007**

Please note collaborations with other SCs, WHO, ILO and NGOs.

1) Business meeting:

Venue: Ingolstadt (Germany)

Date: 03. Aug. 2007

Number of attendees: Chair and Secretary

2) Business meeting: WTS Board Members

Venue: Yeppoon, Australia

Date: 28th Aug. 2007

Number of attendees: 17

Report: see in attachment

3) Business meeting: General Assembly

Venue: Yeppoon, Australia

Date: 31st Aug. 2007

Number of attendees: 110

Reports: see Business meeting

Conferences, Seminars, Workshops, Courses, etc:

(please fill in the tables)

(1) Name of the event:	XVIII International Symposium on Shiftwork and Working Time: “Ageing and working hours: creating sage environments”				
Type of event:	Conference	Seminar	Workshop	Course	Other
	X				
Date:	28-31 August 2007				
Venue:	Rydges Capricorn Resort, Yeppoon, Queensland, Australia				
Organizers:	Prof. Lee Di Milia , Central Queensland University (Chair) Prof. Philip Bohle, Dr Adam Fletcher, Dr Rebecca Loudoun, Dr Anne Pisarski, Dr Shanta Rajaratnam				
Co-organizers and Collaborators: Please describe roles.					
Number of participants:	121				
Publication of proceedings:					
Book of abstracts:	XVIII International Symposium on Shiftwork and Working Time: “Ageing and working hours: creating sage environments”. Shiftwork International Newsletter, vol 24, no. 2, August 2007, ISSN 0265-5357				
Book of selected proceedings:					
Special issue of peer reviewed journals:	Chronobiology International 2008 (in press) Applied Ergonomics 2008 (in press)				
Assessment of success:					

(2) Name of the event:	Workshop on “Working time arrangements” for industry managers.				
Type of event:	Conference	Seminar	Workshop	Course	Other
			X		
Date:	27 August 2007				
Venue:	Rydges Capricorn Resort, Yeppoon, Queensland, Australia				
Organizers:	Prof. Lee Di Milia , Central Queensland University				
Co-organizers and Collaborators: Please describe roles.					
Number of participants:	55				
Publication of proceedings:					
Book of abstracts:					
Book of selected proceedings:					
Special issue of peer reviewed journals:					
Assessment of success:					

(3) Name of the event:	Special session on “Shift work sleep disorder” at <i>Worldsleep 2007</i>, 5th World Sleep Congress of World Federation of Sleep Research Societies				
Type of event:	Conference	Seminar	Workshop	Course	Other
					X
Date:	3 September 2007				
Venue:	Cairns Convention Center, Cairns, Australia				
Organizers:	International Federation of Sleep Research Societies.				
Co-organizers and Collaborators: Please describe roles.					
Number of participants:	250				
Publication of proceedings:					
Book of abstracts:	...				
Book of selected					

proceedings:	
Special issue of peer reviewed journals:	
Assessment of success:	

**PART II Midterm Report: SC Products and Collaborations June 2006 – September 30, 2007
Publications, Guidelines*, Position Papers*, etc**

Publications, Proceedings, Guidelines*, Position Papers*, etc. Provide title, authors, full citation. SCs are encouraged to produce ICOH Guidelines* and Position Papers*. *Guidelines and Position Papers must be approved by the ICOH SC Vice Presidents, Secretary General and President.

Cooperation with other Scientific Committees: (If cooperation in a Conference not listed above, provide title, dates, location and role of each SC. Provide relevant details of other collaborations with SCs.)

Participation and support to WHO – ILO meetings and or publications: (If cooperation in a Conference not listed above, provide title, dates, location and role of each. Provide relevant details of other collaborations with WHO and/or ILO.)

-WHO- Collaborative Centers – WORK PLAN 2006-2010.
Project AA3:P7 – Flexible working hours as a toll for increasing worker’s health and well-being

Cooperation with non-ICOH organizations: (If cooperation in a Conference not listed above, provide title, dates, location and role of each. Provide relevant details of collaborations other than conferences.)

Any other points of relevance:

**PART III Midterm Report: SC PLANS for second half of Triennium and for ICOH 2009:
October 1, 2007 – March 30, 2009**

Planned business meetings, conferences, seminars: (provide title, location, date if possible)

XIXth International Symposium on Shiftwork and Working Time, to be held in Venice (Italy) on 2-7 August 2009, organised by Giovanni Costa and his team (Department of Occupational and Environmental Health, University of Milano, Italy)

Planned collaborative Activities with other ICOH Scientific Committees: (Provide Conference title, dates, location and role of each SC. Provide relevant details of other collaborations with SCs.)

Planned collaborative Activities with other (Non-ICOH) Organizations: (Provide Conference title, dates, location and role of the SC. Provide relevant details of collaborations other than conferences.)

WHO- Collaborative Centers – WORK PLAN 2006-2010.

Project AA3:P7 – Flexible working hours as a toll for increasing worker’s health and well-being

IARC - International Agency on Research on Cancer (Lyon): participation in the working group for the preparation of a IARC monograph on risk cancer due to shiftwork (October 2007).

Planned Publications, Position papers, etc.: (Provide title, authors, timeframe, publication, if known)

Planned Scientific Contributions to ICOH 2009: (Be specific: List title of scientific sessions, speakers, abstract reviewers, business meeting, etc.)

Mini-symposium: Shiftwork, working hours and health.

The mini-symposium will give updated information about the most prominent aspects concerning working time arrangements and possible negative effects on human health and well-being, as well as guidelines on preventive aspects and medical surveillance

Presenters / topics:

1. Giovanni Costa: Shiftwork and cancer
2. Mikko Harma: Shiftwork and cardiovascular diseases
3. Claudia Moreno, Arne Lowden: Shiftwork and metabolic syndrome
4. Frida Fisher, Lucia Rotember: Shiftwork and sleep
5. Judith Sluiter, Monique Frings Driesen: Determinants and effects of overwork in residents
6. Friedhelm Nachreiner: Flexible working hours and health

+ Oral presentation (session)

+ Poster presentation (session)

Any other points of relevance:

PART IV – Assessment of Success of SC and Impact on Global Occupational Health

We want to understand and share widely the value and impact of the work of the Scientific Committees on improving global occupational health. Please look back into the past and provide an assessment.

Midterm Report: Please assess the success of the SC and its influence in improving global occupational health as a result of the work *prior to* the current Triennium. Give examples where possible.

The SC on Shiftwork and Working Time, together with the twin Working Time Society, represents the most important international scientists dealing with working hours organization, and its consequences on health and well-being. It is a well recognised

PART V – Evaluation of this Midterm Report form.

This form is acceptable

This form should be changed. Please recommend changes.
